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# Is Nontoxic Hunting Ammunition Difficult to Find?



CDFW

## Nontoxic Ammo

**Q:** Many sporting goods stores ran out of copper and steel ammo at the beginning of the pandemic. How can hunters continue to use the correct ammo?

**A:** It is true that finding nontoxic hunting ammunition as required by law in California has been a real challenge during the COVID-19 pandemic. Several factors contributed to the ammo shortage during the past couple years including global supply chain issues, a lack of raw materials such as steel, bismuth, nickel and copper, and a huge demand among consumers who were buying –

and often hoarding – ammo of all types and kinds.

The good news in the spring of 2022 is that the availability of nontoxic hunting ammunition appears to be increasing at most sporting goods stores. Availability likely will depend on the type of ammunition you are looking for and the time of year. Nontoxic ammunition for standard, popular rifle calibers and shotgun gauges may be easier to find in the brand and configuration you want compared to more niche rifle calibers and sub gauge shotguns.

Similarly, it will be hard to find non-

toxic dove loads and deer rounds right before those seasons open. The best advice we can offer is not to wait until hunting season to shop for ammo. Dove and deer hunters, for example, need to start looking now for seasons that open in September and might have to adjust expectations about finding their favorite brand and cartridge.

Additionally, different types of metals are used today to make nontoxic ammunition beyond just copper and steel. You may be able to find nontoxic ammunition more easily if you widen your search to

CONTINUED ON PAGE 8 →



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## California Outdoors Q&A

← CONTINUED FROM PAGE 6

include options such as bismuth, tungsten and metal alloys. These alternative metals can be even more effective than steel or lead; the downside is that they often are more expensive as well.

If you locate your nontoxic ammunition of choice online or from an out-of-state sporting goods store, you can work with your local Federal Firearms License (FFL) holder or licensed ammunition vendor to have the ammunition shipped and transferred to you in California. Licensed retailers in California typically charge a small handling fee for this service.

### Grunion Regulations

**Q:** I heard there are new regulations for California grunion. What do I need to know?

**A:** Effective June 1, 2022, the new regulations add the month of June to the seasonal no-take closure for grunion. The closure now extends from April

1 through June 30. Additionally, a bag and possession limit of 30 grunion per person was created. See CDFW's news release for more information.

During the open season, a California fishing license is required for persons 16 years and older. Grunion may be taken by hand only. No nets or appliances of any kind may be used to take grunion, and no holes may be dug in the beach to entrap them. Visit CDFW's grunion web page for species facts, a schedule of expected runs and regulation information.

### Desert Tortoise

**Q:** I was at a public event where an organization was giving out a desert tortoise care sheet with instructions on how to care for one as a pet. Isn't the desert tortoise a protected species?

**A:** Yes, the desert tortoise is listed as a threatened species under the federal and California Endangered Species Acts, and is currently under consideration for

uplisting to endangered in California. It is illegal to remove desert tortoises from the wild, but some people had pet desert tortoises before the law was enacted. Possession of a desert tortoise requires a permit and a permit sticker from the California Department of Fish and Wildlife (CDFW) — which is how wildlife officers would determine whether a desert tortoise is legally possessed.

Once in captivity as a pet, desert tortoises can never be released back into the wild because they frequently contract a respiratory disease that can decimate the already dwindling wild populations. For this reason, pet tortoises that were abandoned can sometimes be legally re-homed. More information can be found on the California Turtle and Tortoise Club website. ♦

*If you have a question you would like to see answered in the California Outdoors Q and A column, email it to [CalOutdoors@wildlife.ca.gov](mailto:CalOutdoors@wildlife.ca.gov).*



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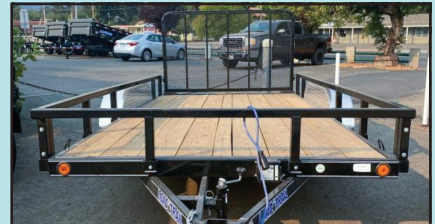
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## 5 Easy Ways to Save Energy in the Kitchen

**(STATEPOINT)** The kitchen is the heart of the home, it's also a space where you can waste a lot of energy if you're not careful. By making a few simple adjustments to your habits in the kitchen, you can easily cut your energy bills and do your part to help the environment.

"The appliances you select for your

kitchen have effects far beyond the food you eat," says Peter Weedfald, senior vice president of Sales and Marketing at Sharp Home Electronics Company of America. "From the appliances you choose to how you use them, you can make a real difference in your energy

CONTINUED ON NEXT PAGE →



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## Save Energy

← CONTINUED FROM PREVIOUS PAGE

consumption today.”

Here are a few ideas for getting started:

**1. Keep it cool:** Minimize the time you have the refrigerator door open. Cold air falls straight to the floor like water. The longer you leave the door open, the more cool air drains away and the harder your fridge has to work to replace it. Refrigerators that have pantry and freezer drawers help contain the cold air even when they are open. Keep frequently accessed items in the refrigerated pantry drawer so everyone in the family can help themselves.

**2. Go small or go home:** Whenever possible, opt to use your small appliances. For example, the next time you're reheating food, use the microwave instead of the stove or oven. According to the federal government program ENERGY STAR, microwaves use up to 80 percent less energy than conventional ovens.

**3. Wash-up smart:** If you find yourself running your dishwasher before it's full, it's time to consider an upgrade. Find a dishwasher that allows you to manage your load size. Features like the half-load option or Wash Zone setting

available on Sharp's Slide-In Stainless Steel Dishwashers will focus the water in one area when washing smaller loads to make every drop count.

**4. Unplug:** If you're like most people, you use appliances like your toaster and coffeemaker for just a few minutes each day. Unplug small appliances like these after you're done to stop “vampire energy,” which is the energy consumed by items when they are plugged in but are not in use.

**5. Make an upgrade:** Today's appliances are generally more energy efficient than older appliances, and there are a lot of energy efficient selections. According to ENERGY STAR, induction cooktops are around 5-10 percent more efficient than conventional electric units and about three times more efficient than gas. Bonus? Making the switch also means you'll no longer be emitting greenhouse gases associated with gas cooking. Learn more about smart, energy-saving appliances at sharpusa.com.

To put a dent in your energy bills and reduce your impact on the environment, be mindful of your habits in the kitchen. Small changes can add up quickly. ♦



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## 7 Behavioral Health Tips for Older Adults

**(STATEPOINT)** Older adults experiencing a behavioral health issue such as anxiety or depression may be embarrassed and think they simply need to “pull themselves up by their bootstraps,” but helping them seek help can empower them to live their best lives, according to experts.

“Everyone is different, but there are tools for better health, including therapy, medication and self-care,” said Dr. Lindsay Evans-Mitchell, medical director for behavioral health for Cigna Medicare Advantage.

Behavioral health disorders affect one in five adults over 55. Older men have the highest suicide rate of any age group or gender. Among men who are 75 and older, the suicide rate is 40.2 per 100,000 — almost triple the overall rate.

The most common behavioral health disorder in older adults is dementia, and its incidence is growing as the Baby Boomer generation ages. Experts project that more than 9 million Americans 65 years or older will have dementia by 2030. Anxiety disorders and mood disorders are also common among older

people.

Dealing with a behavioral health issue? These self-care tips can help:

**1. Find a Provider.** “Cognitive disorders, such as dementia and mood disorders, often look the same,” Dr. Evans-Mitchell said. “Only a trained professional can make an accurate diagnosis.” For help finding a provider, reach out to your primary care physician or health plan, such as Medicare or Medicare Advantage. Also consider virtual therapy. It’s easy to schedule and offers the convenience of seeing a therapist without leaving home.

**2. Nurture Yourself.** Good nutrition feeds the body and mind. If you have questions about nutrition for older adults, consult your physician or a registered dietitian. Additionally, drink water throughout the day. “Dehydration can worsen cognitive issues,” Dr. Evans-Mitchell said.

**3. Sleep Well.** Like all adults, older people need seven to nine hours of sleep nightly. Dr. Evans-Mitchell noted that older people’s tendency to go to bed ear-

CONTINUED ON NEXT PAGE →



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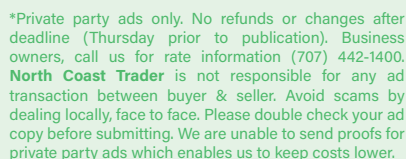


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## ← CONTINUED FROM PREVIOUS PAGE

**5. Head Outside.** Being outside has numerous benefits, including vitamin D absorption needed for cognitive health. Additionally, research has shown that chemicals released from trees can stimulate brain functions. Don't forget the sunscreen though, as skin cancer is most

“Behavioral health issues can be complex and confusing to navigate, but taking positive actions can be empowering,” Dr. Evans-Mitchell said. “It’s never too late to make a new start.”



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# Rainy Day Fun for Kids and Families

**(STATEPOINT)** Rainy days don't have to be dreary. Here are five great ways to keep little ones active and entertained when the weather isn't cooperating:

**1. Cozy up with books:** A day spent indoors at home is the perfect time to cozy up with a good book. These days, some of the best book options that help expand vocabulary are interactive. For example, the Learning Friends 100 Words Book from LeapFrog features touch-sensitive pages that teach words in both English and Spanish. Covering learning categories like animals, colors and nature, it keeps kids entertained with sound effects, learning songs and fun facts.

**2. Make artwork:** Lay down some newspaper or banqueting paper and break out the smocks - it's time to get messy and creative. Finger painting and sponge painting are both super fun and give kids an opportunity to express themselves, even before they've mastered the skill of holding a brush. When their creations are finished drying, be sure to display them somewhere everyone can see.

**3. Use fun tech:** Give toddlers their own age-appropriate tech toys packed

with learning fun and perfect for downtime. Featuring exciting games and activities that teach letters, numbers, music and more, the award-winning 2-in-1 LeapTop Touch changes from a laptop with a full letter keyboard to a touch screen tablet, making it a great way to introduce computer literacy skills to kids.

**4. Play pretend:** The park may not be the best option on a rainy day, but that doesn't mean you can't go on a pretend picnic. The Shapes & Sharing Picnic Basket makes it easy to head to the living room, play room or bedroom for a tasty adventure. Pack a snack for two in a cute talking basket that teaches polite phrases and then pretend to nibble on yummy treats while exploring food, shapes and colors.

**5. Have a movie marathon:** Pop the popcorn and get some cozy pillows! Whether you stick with a particular franchise or just pick a set of favorite flicks, a movie marathon is a great way to relax and unwind as a family.

Say goodbye to cabin fever. Fun toys, tech and the scope of your imagination can make rainy days memorable and fun. ♦



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## GARDENING



Raised Bed Drip Line Irrigation Kits with closer drippers are more effective at watering small areas like raised beds.

Photo courtesy of Gardener's Supply Company/[gardeners.com](http://gardeners.com)

# Sustainable Water Use in the Landscape

by Melinda Myers

**NO MATTER WHERE YOU LIVE**, the conservation and wise use of water in our gardens and landscapes is important. Sustainable water use helps grow beautiful gardens while conserving water and helping reduce water pollution and stormwater overflows.

Amend the soil with compost or other organic matter to increase the soil's ability to absorb and retain rain and irrigation water. More water is absorbed by the amended soil so less runs off your landscape and into the street. This means less fertilizer and pesticides wash into nearby storm sewers, rivers and lakes.

Cover bare soil with a layer of organic mulch. It conserves moisture so you water less, prevents erosion and helps suppress weeds. As the mulch decomposes, it improves the soil by adding organic matter and nutrients.

Use rain barrels to capture rainwater that drains off the roof. Purchase a rain barrel or make your own from a recy-

clad food grade container. Evaluate the functional design, appearance and space needed when making your selection. The Flat-Back Rain Barrel fits snugly against your house and holds 50 gallons of water. Add some storage or planting space with a rain barrel like the Madison Rain Barrel with space on top to hold watering accessories or flowering plants. Use the rainwater for watering gardens and containers. Start with a call to your local municipality as some have restrictions on water harvesting, while others encourage this practice and even offer rebates.

Use drip irrigation or soaker hoses for applying water right to the soil where it is needed. You'll lose less water to evaporation and overspray. Avoiding overhead watering helps reduce the risk of disease. Irrigation systems also reduce your time spent watering and are especially helpful for container gardens and raised beds. Systems with closer drippers like the Raised Bed Drip



Line Irrigation Kit (gardeners.com) are more effective at watering small areas like raised beds.

Plant native plants suited to your growing conditions and landscape design whenever possible. These deeply rooted plants help keep rainwater where it falls, reducing the risk of basement flooding and overwhelming storm sewers. The plants slow the flow of water, helping keep it on your landscape for the plants to use. Their deep roots create pathways for rainwater to enter and travel through the soil. Plant roots and soil help remove impurities from the water before it enters the groundwater and aquifers.

When adding walks, patios or other hard surfaces to your landscape consider enlisting permeable options. Permeable pavers allow water to infiltrate the surface rather than run off into the street and storm sewer.

Stepping stones placed in mulched pathways or surrounded by groundcovers make an attractive walkway or patio. Look for attractive, long lasting and easy to install products like the Rubber Leaf stepping stones. Plant groundcovers suited to the growing conditions and those that tolerate foot traffic. The planted spaces between the hard surfaces allow water to move into and through the soil.

Implementing just a few of these changes in your landscape design and water management can help increase your landscape's sustainability while reducing your workload. ♦

*Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening and Midwest Gardener's Handbook, 2<sup>nd</sup> Edition. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).*



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# Simple Tips to Attract Hummingbirds to Your Yard



Cole's Wild Bird Products

**(FAMILY FEATURES)** Throughout the warmer months, many backyards play host to a variety of birds, including hummingbirds. When you see flowers and trees begin to bud and bloom and other migrating birds, like warblers, that's nature's way of letting you know it's time to ready your yard for hummingbirds.

It's enchanting watching hummingbirds — named for the humming sound of their fast-flapping wings — as their tiny size and speed make them natural wonders. Hummingbirds can fly 25-30 miles per hour, flapping their wings an estimated 70 times per second. They

fly in every direction, even backwards, which only hummers can do, and float majestically in midair.

The birds get their brilliant color from the iridescence in the arrangement of their feathers, not color pigment. Plus, they have the fastest metabolism of any animal on Earth, burning 1-2 times their body weight in food daily. Hummingbirds draw nectar from its source into their mouths, lapping it up almost 12 times per second.

To increase your chances of observing these petite powerhouses at home, consider these tips from the experts at

Cole's Wild Bird Products:

**Be conscious of beneficial insects.** Hummingbirds rely on insects, which provide essential protein, to complement the nectar they crave. To attract insects, try placing rotting fruit near feeders and leave it until insects arrive for hummers' easy eats.

**Leave spiderwebs alone:** Hummingbirds use spiderwebs as construction material to hold their nests together and pluck insects caught in the webbing.

**Offer a water mister:** Hummingbirds adore bathing; a mister gives them the

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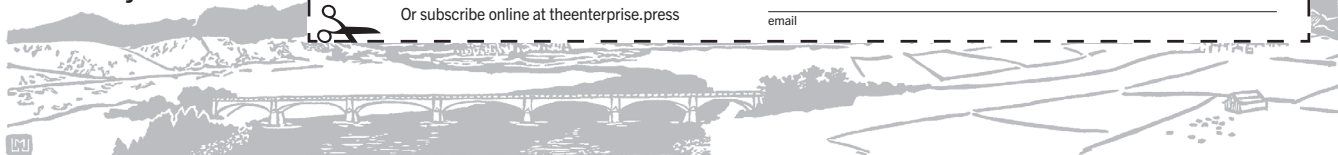
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fine spray they prefer. Once soaked, they're off to find a preening perch.

**Provide tiny perches.** Leave small, sturdy, bare branches for hummingbirds, to perch on for rest, preening and hunting. Perches provide vantage points to see danger and launching pads to swiftly pounce on insects. Once hummingbirds find a favorite perch, they'll use it repeatedly.

**Hang hummingbird feeders first.** Feeders are one of the most effective ways to consistently entice and encourage hummingbirds to come visit. However, not all feeders are created equal. For example, Cole's Hummer High Rise Feeder is scientifically designed with elevated perches to make hummingbirds feel safe and comfortable, which encourages their consistent return.

Although hummingbird feeders can attract bees and ants, this feeder is uniquely designed to keep pests at bay. It

doesn't drip, so large bees can't get to the nectar, plus it has a built-in ant moat to keep ants away from nectar when filled with plain water. Since birds drink from the moat, never use any repellents or additives.

Hummingbirds are territorial and not likely to share feeders, so hang multiple feeders far enough apart to attract more birds. To ensure a steady stream of birds, hang feeders in the shade to avoid fermentation of sugar-based liquids, check feeders bi-weekly to keep food fresh and clean feeders as needed with one part white vinegar to four parts water.

**Plant flowers.** Trumpet honeysuckle, bee balm and sage plants are particularly attractive to hummingbirds and provide rich nectar. Hummingbirds consume 1 1/2 times their body weight daily, eating every 10-15 minutes and visiting 1,000-2,000 flowers per day.

**Choose the right nectar.** Not all nec-

tar is alike, and hummingbirds can taste the difference. Almost all commercial nectars contain one sugar source — sucrose — because it's cheaper to make. However, real flower nectar contains three sugar sources — sucrose, fructose and glucose — in varying amounts depending on the flower.

Researched and designed to attract the greatest variety of hummingbirds, Cole's Nature's Garden is a high energy, nutrient-rich nectar that combines all three types of organically sourced sugars North American hummingbirds love, with a spring water base. It closely mimics the sugar ratios they favor and provides a healthier, nutritious, all-natural alternative to table sugar.

Don't forget, hummingbirds have memories like elephants; once they discover your hummer-friendly habitat, they'll come back every year if there's a reliable food source. Learn more at [coleswildbird.com](http://coleswildbird.com). ♦

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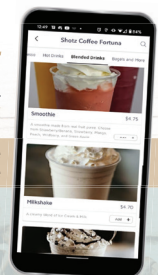
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# Mediterranean-Inspired Dinner Parties Made Easy

**(FAMILY FEATURES)** Over the past two years, home chefs have had time to explore new recipes, ingredients and cooking techniques, which is why it is no surprise dinner parties are, at long last, a way to celebrate together in 2022. Now is the perfect time to share your newfound skills with family and friends.

It can be easy to get caught up in hosting duties, but few hosts want to spend all their time in the kitchen when they could be enjoying a great meal. Gail Simmons, food expert and TV personality, has tips and tricks you can bookmark to help turn your dinner party from good to great.

**Reach for Trusted, High-Quality Shortcuts:** When entertaining, always use the best ingredients you can find that don't require a lot of fuss, but still feel special. Made with premium cuts of hand-filleted, wild caught yellowfin and albacore tuna, a time-saving ingredient like Genova Premium Tuna is high in protein, a great source of omega-3s and has a uniquely rich and savory flavor that offers a taste of the Mediterranean in every bite.

**Host a Themed Party:** To host a fun and fresh Mediterranean-themed party this summer, decorate your table with blue and white patterned plates, deli-

cate olive oil and vinegar bottles, cutting boards and fresh ingredients such as lemons and greenery instead of traditional centerpieces. When paired with a flavorful seafood recipe, like this Tuna Romesco Salad Board, your guests will feel like they're enjoying the Mediterranean all summer long.

For more dinner party inspiration, visit [GenovaSeafood.com](http://GenovaSeafood.com).

## Tuna Romesco Salad Board

Recipe courtesy of Gail Simmons on behalf of Genova Tuna

Servings: 4-6

### Romesco:

- 3 large Roma tomatoes
- 1 roasted red pepper, skin removed and seeded (or from jar), coarsely chopped
- 1/3 cup roasted salted almonds
- 1 garlic clove, chopped
- 2 tablespoons sherry vinegar

- 1/4 teaspoon sweet smoked paprika
- 1/4 teaspoon red pepper flakes (optional)
- 1 teaspoon kosher salt
- 1/4 teaspoon freshly ground black pepper
- 1/4 cup extra-virgin olive oil

### Tuna Board:

- 2 cans Genova Yellowfin Tuna in Olive Oil
- 1 tablespoon extra-virgin olive oil, divided
- 1 bunch scallions
- kosher salt, divided
- freshly ground black pepper, divided
- 1 zucchini, sliced 1/2-inch thick on bias



*Familyfeatures.com*

1 red bell pepper, sliced lengthwise into 1-inch pieces

½ cup roasted salted almonds

½ cup marinated artichokes, drained, patted dry and halved

1 bunch radishes, halved

½ cup green olives

½ cup black olives

4 ounces manchego cheese, sliced into triangles

2 tablespoons flat leaf parsley, chopped

**To make romesco:** Preheat broiler. Cover sheet pan with parchment paper or foil. Place tomatoes on sheet pan and broil until well charred on both sides, 2-4 minutes per side. Transfer tomatoes to bowl; cool slightly then remove skin, core, seed and coarsely chop.

In blender, combine tomatoes; roasted red pepper; almonds; garlic; vinegar; paprika; red pepper flakes, if using; salt; and pepper until chunky paste forms. With blender on high speed, slowly drizzle in oil, scraping down sides of blender as needed until mixture creates rustic texture. Transfer romesco to bowl and taste for seasoning. Let romesco sit covered at room temperature 1 hour.

**To prepare board:** In bowl, drain tuna; set aside. Set grill on medium-high heat and brush grates with 1 teaspoon olive oil. Grill scallions until charred and tender, about 4 minutes per side. Remove to large plate and season with salt and pepper. Toss zucchini and red pepper in olive oil then season with salt and pepper. Grill until charred and tender, about 3 minutes per side. Remove to same plate to cool slightly.

**To assemble:** With large spoon, scoop generous amount of romesco into center of board. Using back of spoon, spread romesco into circle with well in center. Gently pile tuna into well. Arrange zucchini, pepper, roasted almonds, artichokes, radishes, olives and cheese around romesco and tuna. Sprinkle tuna with chopped parsley before serving. ♦

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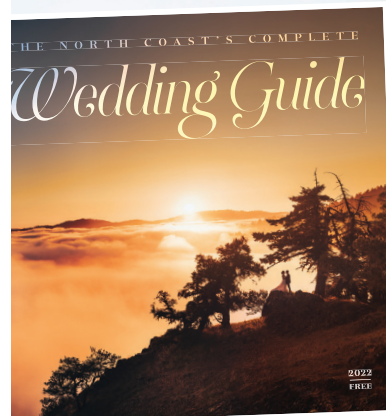
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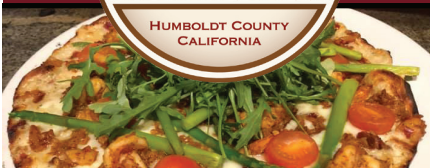
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# Make Your Dream Vacation a Reality With These Cost-Cutting Tips

**(STATEPOINT)** After more than two years of the pandemic, you're probably eager to get out and explore the world. But as desire and demand for travel skyrocket, so do the prices to get there. Here

are some great ways to maximize your savings, so you can make your dream vacation a reality:

**1. Be flexible:** If your travel dates are not set in stone, being flexible with

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timing can help you save substantially. Traveling at off-hours or mid-week can trim your plane or train fare, as can avoiding holiday weekends. This same flexibility mindset can even help you at the airport. If a flight is overbooked, airlines often ask for volunteers to give up their seat in exchange for vouchers, credits and other perks.

**2. Bank smart:** Consider new online banking solutions, which can help you keep more money in your wallet. For example, T-Mobile MONEY is an FDIC-insured account that offers its customers zero account fees, (no monthly account fees, no minimum balance fees, no overdraft fees and no transfer fees) as well as industry-lending interest rates that can help you invest in the things you want and need, like plane tickets, gas and dining. Plus, customers receive 1.00 percent Annual Percentage Yield (APY) on all balances, which means more mon-

ey back in your pocket and more savings for your next vacation. Globetrotters will also appreciate access to over 55,000 Allpoint no-fee ATMs worldwide.

**3. Book wisely:** Look for exclusive travel deals available from T-Mobile MONEY to help you cut travel costs. Customers who use their T-Mobile MONEY card via the T-Mobile Travel site can get up to 50 percent off hotels and up to 45 percent off car rentals.

**4. Do as the locals do:** The areas of a town or region where tourists congregate tend to have the most expensive restaurants and stores. For higher-quality shopping and dining and more authentic experiences, do as the locals do. After seeing the must-see sights, be sure to get recommendations and insights from your hotel concierge, rental host, restaurant servers and other locals for the best ways to get off the beaten path.

**5. Eat in:** Depending on the type of

travel you're doing, it may make sense to eat some of your meals in to save some money. If there is a small kitchen or grill where you're staying, make use of it. Visiting a nearby grocery store can actually be an interesting way to take in the local flair of your destination and sample some of the best food the area has to offer.

Don't let money matters wreck your travel plans. With a few smart strategies, you can take the summer vacation you imagined, affordably.



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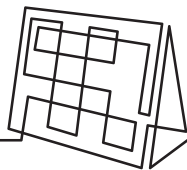
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# Calendar

June 14 - June 28, 2022



## Virtual World

### ARTS & CULTURE

**Equity Arcata's Community Book Club.** Third Monday of every month, 4-6 p.m. Virtual World, Internet, Online. Alia Dunphy and Meridith Oram discuss Adrienne Marie Brown's book *Emergent Strategy: Shaping Change, Changing Worlds*. On Zoom. Register online. [www.equityarcata.com](http://www.equityarcata.com).

**On the Same Page Book Club.** Wednesdays, 5:30 p.m. Virtual World, Internet, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at [www.forms.gle/bAsjdQ7hKGqEgJKj7](http://www.forms.gle/bAsjdQ7hKGqEgJKj7).

**Shelter n Play.** Fridays, 6 p.m. Virtual World, Internet, Online. Public group on Facebook made up of local musicians and music fans. Live streams, videos, events and local music links. [www.facebook.com/groups/224856781967115](http://www.facebook.com/groups/224856781967115).

### LIFESTYLE & COMMUNITY

**English Express: An English Language Class for Adults.** Tuesdays. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. [englishexpressemPOWERED.com](http://englishexpressemPOWERED.com). (707) 443-5021.

**Sistahood.** Saturdays, 9:30-11 a.m. Virtual World, Internet, Online. For women teen-agers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m., meditation with the Sista Prayer Warriors from 10:45 a.m.

**Ujima Parent Peer Support.** Thursdays, 6:30-7:30 p.m. Virtual World, Internet, Online. For BIPOC families. See the HC Black Music and Arts Association Facebook page for more information. [hblackmusicnarts@gmail.com](mailto:hblackmusicnarts@gmail.com).

**Volunteer Orientation Food for People.** Mondays, 3:30-4:30 p.m. and Thursdays, 3-4 p.m. Help fight hunger and improve nutrition in the community. Visit the website to

be invited to a Zoom orientation. Free. volunteer@foodforpeople.org. [www.foodforpeople.org/volunteering](http://www.foodforpeople.org/volunteering). (707) 445-3166 ext. 310.

## Curry County

### ARTS & CULTURE

**Art at the Port, Summer Boardwalk Exhibition.** Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Rd. Showcasing coast artists of all ages. More info at [artattheport.com](http://artattheport.com).

**Clue.** Fridays, Saturdays, 7:30 p.m. and Sundays, 2 p.m. Chetco Pelican Players, 1240 Chetco Ave. Hwy 101, Brookings. Based on the cult classic film and the popular board game, *Clue* is a madcap comedy that will keep you guessing until the final twist. Call 541-661-4237 for reservations, visit [chetcopp.booktix.com](http://chetcopp.booktix.com) or buy them at the door.

### LIFESTYLE & COMMUNITY

**Brookings Bodacious Bazaar.** Fourth Saturday of every month, 10 a.m.-5 p.m. Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Rd. Vendors, beer garden, live music.

**Brookings-Harbor Farmers Market.** Wednesdays, 10 a.m.-3 p.m. and Saturdays, 10 a.m.-3 p.m. Brookings-Harbor Farmers Market, 15786 U.S. Highway 101, South Brookings. Produce, artisan foods, baked goods, grass-fed beef, crafts and more. Look for the big white tents. Open year-round, rain or shine.

**OHA Vaccine Clinic.** Tuesdays, 11 a.m.-4 p.m. and Wednesdays, 11 a.m.-4 p.m. Curry County Public Library, 94341 Third St., Gold Beach. This COVID-19 vaccine event is held by the Oregon Health Authority. Vaccines offered: Pfizer, Johnson & Johnson, Pfizer age 5 to 11 and Moderna. No appointment needed, walk-ins welcome. For more info, go to [www.currypubliclibrary.org/event/oha-community-vaccine-event](http://www.currypubliclibrary.org/event/oha-community-vaccine-event).

## Del Norte County

### LIFESTYLE & COMMUNITY

**Ocean Air Farms Farm Stand.** Saturdays, 10 a.m.-3 p.m. Ocean Air Farms, 2420

Moorehead Road, Crescent City. Roadside farm stand offering homegrown organic veggies and produce.

## Trinity County

### ARTS & CULTURE

**Trinity Alps Chamber Music Festival "Memory: Music of Time".** Sun., June 19, 2 p.m. Trinity Alps Performing Arts Center, 101 Arbutle Ct., Weaverville. Featuring clarinetist James Pytko, violinist and violist Stephen Fine, violinist Ellen McGehee, cellist Charles Akert, and pianist Ian Scarfe. Program: Music by Antonin Dvorak, Robert Schumann, Danny Clay, John Cage, Francis Poulenc, and more. [www.tapaonline.org/](http://www.tapaonline.org/).

## Humboldt County

### ARTS & CULTURE

**Aladdin (1992).** Sun., June 26, 5-7:30 p.m. Arcata Theatre Lounge, 1036 G St. Pre-Show at 5 p.m. and movie at 6 p.m. Rated G. All ages, parental guidance suggested. Aladdin on Super Nintendo in the lobby. Behind-the-scenes footage, movie trivia, short films, trailers and more. \$8, \$12 Poster Package. [info@arcatatheatre.com](mailto:info@arcatatheatre.com). [www.facebook.com/events/5934673353214989](http://www.facebook.com/events/5934673353214989). (707) 613-3030.

**Art Night at the Sanctuary.** Third Thursday of every month, 4-7 p.m. The Sanctuary, 1301 J St., Arcata. Create with others freely or work on a guided project. Bring your own supplies or use what's around to collage, paint, draw, make an art book, etc. \$5-\$20 suggested, no one turned away for lack of funds. [www.sanctuaryarcata.org](http://www.sanctuaryarcata.org).

**Bailee Barnett.** Thu., June 23, 7:30-9 p.m. Bear River Casino Resort, 11 Bear Paws Way, Loleta. Bailee Barnett brings down-home country to Bear River. Ages 21 and up. Free. [fb.me/e/5JcaSyf1B](https://fb.me/e/5JcaSyf1B).

**Bayside Ballads and Blues.** Wednesdays, 6-8 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Wednesday. Contact venue for current COVID protocols.

**Dancehall Choreo w/Mo Harper-Desir.** Sat., June 25, 1-2:30 p.m. Redwood Park, top of 14th Street, Arcata. Learn traditional dancehall styles with hip hop and R&B adaptations led by West Indi queen Mo Harper-Desir. For all levels and ages. \$5 suggested donation. [Admin@Mohdcreates.com](mailto:Admin@Mohdcreates.com). [www.mohdcreates.com/dance-fitness](http://www.mohdcreates.com/dance-fitness).

**Dances of Brazil.** Thursdays, 5:30 p.m. Redwood Raks World Dance Studio, 824 L St.,

Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. \$15. [talavera.rocio@gmail.com](mailto:talavera.rocio@gmail.com).

**Dazed & Confused (1993).** Fri., June 24, 8-10:45 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 5 p.m., movie at 6 p.m. Rated R. All ages, parental guidance suggested. Behind-the-scenes footage, movie trivia, unique short films, house-made trailers and more. \$8, \$12 Poster Package. [info@arcatatheatre.com](mailto:info@arcatatheatre.com). [www.facebook.com/events/704005167573163](http://www.facebook.com/events/704005167573163). (707) 613-3030.

**DJ RunDat.** Fri., June 24, 9 p.m.-1 a.m. Bear River Casino Resort, 11 Bear Paws Way, Loleta. Catch DJ Run Dat in the Thirsty Bear Lounge. Spinning hits that will keep you dancing. Ages 21 and up. Free. [www.fb.me/e/4swfoQfNj](http://www.fb.me/e/4swfoQfNj).

**DJ Statik.** Sat., June 18, 9 p.m.-1 a.m. Bear River Casino Resort, 11 Bear Paws Way, Loleta. A hip hop/RnB dance party with DJ Statik in the Thirsty Bear Lounge. Ages 21+. Free. [www.fb.me/e/2nkEQw2YA](http://www.fb.me/e/2nkEQw2YA).

**Dr. Strangelove or: How I Learned To Stop Worrying & Love the Bomb (1964).** Fri., June 24, 8-11 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 8 p.m., movie at 9 p.m. Rated PG. All ages, parental guidance suggested. Behind-the-scenes footage, movie trivia, unique short films, house-made trailers and more. \$8, \$12 Poster Package. [info@arcatatheatre.com](mailto:info@arcatatheatre.com). [www.facebook.com/events/584260866459871](http://www.facebook.com/events/584260866459871). (707) 613-3030.

**Eureka Summer Concert Series.** Thursdays, 6-8 p.m. Madaket Plaza, Foot of C Street, Eureka. Open-air music each week on Eureka's waterfront. Bring your chairs and please leave your pets at home. No smoking or alcohol. Presented by Eureka Main Street. Free. [www.eurekamainstreet.org/summer-concert-series-4](http://www.eurekamainstreet.org/summer-concert-series-4). (707) 441-4187.

**Game of Death (1978).** Fri., June 17, 8-11 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 8 p.m., movie at 9 p.m. Rated R. Behind-the-scenes footage, movie trivia, unique short films, house-made trailers and more. \$8, \$12 Poster Package. [info@arcatatheatre.com](mailto:info@arcatatheatre.com). [www.facebook.com/events/1428172827637017](http://www.facebook.com/events/1428172827637017). (707) 613-3030.

**Happy Hour w/Anna "Banana" Hamilton.** Saturdays, 5-8 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Blues, humor. Check with venue for current COVID protocols.

**Heartless - A Tribute to Heart.** Fri., June

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## Calendar

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17, 8-11 p.m. Bear River Casino and Resort Ballroom, 11 Bear Paws Way, Loleta. The ultimate Heart experience. Come hear hits like "Magic Man," "Crazy on you," "Barracuda" and "Heartless." Ages 21 and up. \$10. [www.fb.me/e/27wkzy2le](http://www.fb.me/e/27wkzy2le).

**Kenny Bowling.** Fridays, 9-midnight. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Country music. Every Friday. Contact venue for current COVID protocols.

**Monterey Pop Festival '67: The Movie.** Sun., June 19, 5-7:30 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 5 p.m., movie at 6 p.m. Not Rated. Behind-the-scenes footage, movie trivia, short films, house-made trailers and more. \$8, \$12 Poster Package. [info@arcatatheatre.com](mailto:info@arcatatheatre.com). [www.facebook.com/events/534055788449118](https://www.facebook.com/events/534055788449118). (707) 613-3030.

**Music in the Garden.** Third Sunday of every month, 1-3 p.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, College of the Redwoods campus, north entrance, Eureka. Enjoy live music in the garden. [www.hbgf.org](http://www.hbgf.org).

**The Rocky Horror Show.** Fridays, Saturdays, 8 p.m. and Sundays, 2 p.m. Ferndale Repertory Theatre, 447 Main St. A rock musical sci-fi/horror spoof. For ages 16 and up. Through June 21. \$18. [info@ferndalerep.org](mailto:info@ferndalerep.org). [www.ferndalerep.org](http://www.ferndalerep.org). (707) 786-5483.

**The Undercovers.** Fri., June 17, 9 p.m.-1 a.m. Bear River Casino Resort, 11 Bear Paws Way, Loleta. For ages 21 and up. free. [www.fb.me/e/cGiRph5jw](http://www.fb.me/e/cGiRph5jw).

**Trinidad Arts Night.** Last Saturday of every month, 6-9 p.m. Trinidad, Downtown. A town-wide event including venues, galleries, wine tasting, outdoor music, live art, fire dancing, kids activities and various performances throughout the night. Free.

**Trinity Alps Chamber Music Festival "Memory: Music of Time".** Sat., June 18, 7 p.m. Arcata Playhouse, 1251 Ninth St. Featuring clarinetist James Pytko, violinist and violist Stephen Fine, violinist Ellen McGehee, cellist Charles Akert, and pianist Ian Scarfe Program: Music by Antonin Dvorak, Robert Schumann, Danny Clay, John Cage, Francis Poulenc, and more.

**Why Birdsong is Music - the Theory and Application.** Sat., June 18, 2-3:30 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Doug Carroll discusses his theory of birdsong as music and plays cello accompanied

by recorded birdsong. Free. [www.humboldt-tarts.org](http://www.humboldt-tarts.org).

**Young Adult Book Club, Iron Widow by Xiran Jay Zhao.** Thu., June 16, 6-7 p.m. Arcata Library, 500 Seventh St. Teens 12 to 19 who've read the book or want to can sign up to join the discussion led by Ms. Larissa of the Tin Can Mailman Bookstore. Free. (707) 822-5954.

### LIFESTYLE & COMMUNITY

**"Power Moves" w/OpenArt.** Tue., June 14, 5:30-7 p.m., Thu., June 16, 5:30-7 p.m., Sat., June 25, 10 a.m.-noon and Sun., June 26, 10 a.m.-noon. North Coast Repertory Theatre, 300 Fifth St., Eureka. Theater and movement workshop that assists in unlearning unhealthy societal norms around power. \$0-\$50. [artisahumanright@gmail.com](mailto:artisahumanright@gmail.com). [www.openartgroup.org](http://www.openartgroup.org).

**Adult Skate Night.** Last Saturday of every month, 6:30-9:30 p.m. Fortuna Skating Rink, Rohner Park. 18 and older only. IDs checked at door. Alcohol and drug-free event. \$5.50, includes skate rental.

**Audubon Guided Birding Tour w/Gary Friedrichsen.** Sat., June 18, 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet leader Gary Friedrichsen at the end of South I Street (Klopp Lake) for views of Humboldt Bay, easy to walk trails and birdlife. RSVP by email. [thebook@reninet.com](mailto:thebook@reninet.com). [www.rras.org](http://www.rras.org).

**Audubon Guided Birding Tour w/Ken Burton.** Sat., June 25, 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring binoculars and meet leader Ken Burton at the end of South I Street (Klopp Lake) for views of Humboldt Bay, easy to walk trails and birdlife. RSVP by email. Free. [thebook@reninet.com](mailto:thebook@reninet.com). [www.rras.org](http://www.rras.org).

**Best of Humboldt Fair.** June 22-26. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Five days of arts, entertainment, agriculture, racing, local products, tastings and livestock showings. [www.redwoodacres.com](http://www.redwoodacres.com).

**Bound Together Book Group.** Thu., June 16, 10-11 a.m. Arcata Library, 500 Seventh St. Children's Librarian and Arcata Branch Manager Susan Parsons welcomes readers ages 10 to 12 to read and talk about two novels by Sharon Draper: *Out of My Mind* in June and its sequel, *Out of My Heart* in July. Free. (707) 822-5954.

**Come and Explore.** Fridays, Saturdays, 11 a.m.-5 p.m. Natural History Museum of Cal Poly Humboldt, 1242 G St., Arcata. Exhibits and activities for kids of all ages including

more than 500 fossils, minerals, a gray whale skull, dinosaur replicas, preserved animals and more. \$15 family, \$6 adults, \$3 seniors/students. [natmus@humboldt.edu](mailto:natmus@humboldt.edu). [natmus.humboldt.edu](http://natmus.humboldt.edu). (707) 826-4479.

**Drag Races.** Sat., June 18, Sun., June 19 and . Samoa Drag Strip, Lincoln Avenue and New Navy Base Road. Details online. \$10, free for 12 and under. [www.samoadragstrip.com](http://www.samoadragstrip.com).

**Drop-In Volunteer Day.** Thu., June 23, 1-4 p.m. Bayside Park Farm, 930 Old Arcata Road, Arcata. Get a taste of a farmer's work growing vegetables, herbs and flowers. Come prepared for sunshine, cold, wet and working in the dirt. Bring a water bottle, snacks, closed toe shoes, long pants, sleeves and a sun hat. Free. [baysideparkfarm@cityofarcata.org](mailto:baysideparkfarm@cityofarcata.org). [www.cityofarcata.org/440/Bayside-Park-Farm](http://www.cityofarcata.org/440/Bayside-Park-Farm). (707) 822-8184.

**Eureka Sequoia Garden Club Annual Plant & Yard Sale.** Sat., June 18, 9 a.m.-1 p.m. Eureka Sequoia Garden Club 3rd Annual Plant and Yard Sale, Hayes and P Streets. Member-curated, locally propagated plants, garden accessories, stands, trellises, used tools and more. [esgc@cagardenclubs.org](mailto:esgc@cagardenclubs.org). [californiagardenclubs.com/eurekasequoia](http://californiagardenclubs.com/eurekasequoia). (707) 845-4376.

**Ferndale Fire Department Blood Drive.** Wed., June 15, 4-7:30 p.m. Ferndale Fire Department, 436 Brown St. Donate blood and enjoy a steak dinner. Photo ID required. Free. (707) 786-9909.

**Fortuna Farmers Market.** Tuesdays, 3-6 p.m. Fortuna Farmers Market, 10th and Main streets. Locally grown fruits, veggies and garden plants, plus arts and crafts. WIC and Cal Fresh accepted with \$10 bonus match when using EBT card. Free.

**Freedom Matters.** Second Tuesday of every month, 7 p.m. Fortuna River Lodge, 1800 Riverwalk Drive. Meets every second Tuesday of the month.

**Garberville Farmers Market.** Fridays, 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local farm-fresh produce, meats, cheeses, baked goods and other specialty foods. EBT, Cal-Fresh and WIC accepted.

**Humboldt Crabs - Father's Day.** Sun., June 19, 12:30 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Seattle Studs, featuring the World Famous Crab Grass Band. Dad's day at the ballpark. Gates at 11:30 a.m. Tickets online or at Wildberries Marketplace. \$10, \$4 child (3-12). [humboldtcrabs@gmail.com](mailto:humboldtcrabs@gmail.com). [humboldtcrabs.com/](http://humboldtcrabs.com/). (707)

840-5665.

**Humboldt Crabs - Redwood Empire Little League Fundraiser.** Wed., June 15, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Marysville Gold Sox. Wine Wednesday featuring North Story Winery, \$1 off wine. Gates at 6 p.m. Tickets available online at [humboldtcrabs.com](http://humboldtcrabs.com) or in person at Wildberries Marketplace. \$10, \$4 child (3-12). [humboldtcrabs@gmail.com](mailto:humboldtcrabs@gmail.com). [humboldtcrabs.com/](http://humboldtcrabs.com/). (707) 840-5665.

**Humboldt Crabs - Studs.** Thu., June 16, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs Baseball vs Seattle Studs. Gates at 6 p.m. Tickets online or at Wildberries Marketplace. \$10, \$4 child (3-12). [humboldtcrabs@gmail.com](mailto:humboldtcrabs@gmail.com). [humboldtcrabs.com/](http://humboldtcrabs.com/). (707) 840-5665.

**Humboldt Crabs Baseball - Gold Sox.** Tue., June 14, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Marysville Gold Sox, featuring the World Famous Crab Grass Band. Gates at 6 p.m. Tickets available online and at Wildberries Marketplace. \$10, \$4 child (3-12). [humboldtcrabs@gmail.com](mailto:humboldtcrabs@gmail.com). [humboldtcrabs.com](http://humboldtcrabs.com/). (707) 840-5665.

**Humboldt Crabs Grunge and Flannel Night.** Fri., June 17, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Seattle Studs, featuring the World Famous Crab Grass Band. Grunge and Flannel Night. Gates at 6 p.m. Tickets available online or at Wildberries Marketplace. \$10 Adult/\$4 Child (3-12). [humboldtcrabs@gmail.com](mailto:humboldtcrabs@gmail.com). [humboldtcrabs.com/](http://humboldtcrabs.com/). (707) 840-5665.

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## Calendar

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**Humboldt Crabs Jersey Night.** Sat., June 18, 6:30 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs vs Seattle Studs. Wear your favorite jersey night, Gates at 5:30 p.m. Tickets online or at Wildberries Marketplace. \$10, \$4 child (3-12). [humboldtcrabs@gmail.com](mailto:humboldtcrabs@gmail.com). [humboldtcrabs.com/](http://humboldtcrabs.com/). (707) 840-5665.

**Humboldt Crabs vs. Silicon Valley Sharks.** Tue., June 28, 7 p.m. Arcata Ball Park, Ninth and F streets. Humboldt Crabs Baseball vs Silicon Valley Sharks, featuring the World Famous Crab Grass Band. Gates at 6 p.m. Tickets online or at Wildberries Marketplace. \$10, \$4 child (3-12). [humboldtcrabs@gmail.com](mailto:humboldtcrabs@gmail.com). [humboldtcrabs.com/](http://humboldtcrabs.com/). (707) 840-5665.

**Juneteenth Celebration.** Sun., June 19, 12-7 p.m. Arcata Plaza, Ninth and G streets. Community-wide event celebrating freedom, diversity and community. Enjoy food, arts, culture, live music, vendors and a youth zone. This year's theme is honoring Black fathers. [blackhumboldt@gmail.com](mailto:blackhumboldt@gmail.com). [www.blackhumboldt.com/2021-juneteenth-celebration](http://www.blackhumboldt.com/2021-juneteenth-celebration).

**Kid's Night at the Museum.** Fridays, 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. \$17-\$20. [info@discovery-museum.org](mailto:info@discovery-museum.org). [www.discovery-museum.org/classesprograms.html](http://www.discovery-museum.org/classesprograms.html). (707) 443-9694.

**Old Town Farmers Market.** Tuesdays, 10 a.m.-2 p.m. Old Town, F Street between First and Third streets, Eureka. GMO-free produce, humanely raised meats, pastured eggs, plant starts and more. Live music weekly and CalFresh EBT cards accepted. Free.

**Outer Roominations.** June 17-19. The Bluff, 2550 Table Bluff Road, Loleta. A weekend of outdoor, site-specific art installations and performances. [www.synapsisperformance.com](http://www.synapsisperformance.com).

**Oyster Festival Kickoff Celebration.** Fri., June 24, 6-9 p.m. Big Top Circus Tent, Creamery Field, 1275 Eighth St., Arcata. Kick off a week-end celebrating local aquaculture, beverages and food, presentations, live music and winners of the Best Oyster contest. Meet local oyster farmers and party under Arcata's big top circus tent. \$20. [arcatamainstreet@gmail.com](mailto:arcatamainstreet@gmail.com). [www.arcatamainstreet.com/](http://www.arcatamainstreet.com/)

oyster-festival. (707) 822-4500.

**Oyster Festival Main Event.** Sat., June 25, 10 a.m.-5 p.m. Big Top Circus Tent, Creamery Field, 1275 Eighth St., Arcata. Revel in local oysters, beverages, live music and art vendors, and a kids zone, contests and more. Music by Object Heavy, The Undercovers and Tropiqueno. Tickets include steel cup and wristband. \$15. [arcatamainstreet@gmail.com](mailto:arcatamainstreet@gmail.com). [www.arcatamainstreet.com/oyster-festival](http://www.arcatamainstreet.com/oyster-festival). (707) 822-4500.

**Rodeo in the Redwoods.** June 17-19. Southern Humboldt Community Park, 1144 Sprowel Creek Road, Garberville. Enjoy bucking broncos, barrel racing and more, with the Rodeo Parade on Saturday June 18 at 11 a.m. in downtown Garberville. [www.garberville-lerodeo.org](http://www.garberville-lerodeo.org).

**Samoa Speeder/Train Rides.** Sat., June 25, 10 a.m.-4 p.m. Timber Heritage Association, 930 Vance Ave., Samoa. Ride Humboldt's historic rails with a scenic trip along the bay on Timber Heritage Association's historic crew car rail speeder. Near the Samoa Cookhouse. [www.timberheritage.org/ride-the-rails-on-a-historic-speeder-crew/](http://www.timberheritage.org/ride-the-rails-on-a-historic-speeder-crew/). (707) 443-2957.

**Stock Car Racing.** Fri., June 24. Redwood Acres Raceway, 3750 Harris St., Eureka. Details and ticket prices online. [www.racintheacres.com/](http://www.racintheacres.com/).

**Storytime with Sunshine the Chicken and Ms. Sue.** Wednesdays, 11-11:30 a.m. Arcata Library, 500 Seventh St. In-person stories and songs for preschool children and their caregivers. Masks are optional. Ms. Sue will be wearing one. Free. [humboldt.gov/calendar.aspx?EID=7463](http://humboldt.gov/calendar.aspx?EID=7463). (707) 822-5954.

**Street Legal Style Drags.** Sat., June 25, 6 p.m. Samoa Drag Strip, Lincoln Avenue and New Navy Base Road. Details online. [www.samo-adragstrip.com](http://www.samo-adragstrip.com).

**Summer Arts & Music Festival.** Sat., June 18 and Sun., June 19. County Line Ranch, 240 Cooks Valley Road, Piercy. The 45th annual family-friendly event with local, regional and national live music and performing artists, plus a kids zone, international foods, art, crafts and nonprofit groups along the Eel River.

**Trinidad Artisans Market.** Sundays, 11 a.m.-3 p.m. Saunder's Plaza, 353 Main St., Trinidad. Next to Murphy's Market. Featuring local art and crafts, live music and barbecue. Free admission.

**Trivia Night.** Every other Wednesday, 6-8 p.m. The Madrone Taphouse, 421 Third St.,

Eureka. Reel Genius Trivia hosts. Contact venue for current COVID protocols. Free. [www.reelgeniustrivia.com](http://www.reelgeniustrivia.com).

**Willow Creek Farmers Market.** Thursdays, 4-7 p.m. Community Commons, state routes 299 and 96, Willow Creek. Fresh local produce, straight from the farmer.

## Mendocino County

### ARTS & CULTURE

**Kate Wolf Music Festival.** June 23-26. Black Oak Ranch, 50350 U.S. Highway 101, Laytonville. Last run for the iconic music festival. [www.katewolfmusicfestival.com](http://www.katewolfmusicfestival.com).

**Ukiah Sundays in the Park w/Arise Roots.** Sun., June 26, 6 p.m. Todd Grove Park, 600 Live Oak Ave, Ukiah. A concert featuring Arise Roots, Top Shelf and DJ Seshwann. Free.

**Ukiah Sundays in the Park w/Ozomatli and Funkacillin.** Sun., June 19, 6 p.m. Todd Grove Park, 600 Live Oak Ave, Ukiah. "Urban-Latino-and-beyond collision of hip hop and salsa, dancehall and cumbia, samba and funk."

### LIFESTYLE & COMMUNITY

**Fort Bragg Farmers Market.** Wednesdays, 2-4:30 p.m. Fort Bragg Farmers Market, N Franklin St. & E Laurel St. Seasonal fruits, vegetables, organic and free range beef and pork and eggs, wild-caught local fish and seafood, artisan goat cheese, sweets, breads, flowers and plants. Plus, hot food, live music.

**Historic Walking Tours of Mendocino.** Saturdays, Sundays. Guest House Museum, 343 N Main St., Fort Bragg. Join local history experts on a two-hour walk through Mendocino's famous Historic District. Book via email. Face coverings required. Well-behaved dogs allowed but must remain outside at some stops. \$50 for up to four people, \$75 for party of six. [tours@KelleyHouseMuseum.org](mailto:tours@KelleyHouseMuseum.org).

**Ukiah Farmers Market.** Saturdays, 9 a.m.-noon. Alex Thomas Plaza, School and Clay streets, Ukiah.

## Lake County

### ARTS & CULTURE

**The Fargo Brothers.** Sat., June 18, 7 p.m. Austin Park, 14077 Lakeshore Drive, Clear Lake. Live music. R&B. Free.

### LIFESTYLE & COMMUNITY

**Lakeport Farmers Market.** Saturdays, 10 a.m.-

1 p.m. Lake County Fairgrounds, 401 Martin St., Lakeport. Rain or shine.

**Middletown Days.** June 17-19. Middletown Central Park Association, 15299 Central Park Road. Rodeo, barbecue, Father's Day breakfast, live music, vendors, parade, kids' activities, dance, Gymkhana and more. A celebration to raise money to build, develop and maintain the park for the people of Middletown. Theme for 2022: "Busting Out."



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**Round II, Vote: June 3 - June 30**  
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## SACKS — Answers in the next edition

## ACROSS

1. Shoots out
6. Network for political junkies
11. Beetle juice?
14. Jew: kosher :: Muslim: \_\_
15. Lady Gaga listed it as her "prized possession" on her high school yearbook page
16. First responder, for short
17. "The Man Who Mistook His Wife For a Hat" author
19. Long in Hollywood
20. Started a film scene gradually
21. Sunset setting
23. Superb, in slang
24. "In what way?"
26. Many telenovela viewers: Abbr.
27. Put one's feet up
28. Make \_\_ of cash
30. Fisherman's tale
33. Have the rights to
35. "SNL" alum Jason
38. Meditation syllables
41. Helping
43. Place for sweaters?
44. "Why does this keep happening to me?!"
46. Justice Dept. heads
48. \_\_ page
49. Well-behaved
51. School for Prince Harry
55. Winery tubs
58. Nautical heading: Abbr.
59. Duncan of Obama's cabinet
60. Clarence of the E Street Band

63. Symbols of freshness
  65. \_\_ Cabos, Mexico
  66. Investment banker who joined the firm of his father-in-law, Marcus Goldman, in 1904
  68. Female robot in 2015's "Ex Machina"
  69. Gradual increase in vol.
  70. 1053, on a cornerstone
  71. Code for Latin America's busiest airport
  72. Smart \_\_
  73. Washington, but not Lincoln
- DOWN**
1. Ram's horn used on Jewish holidays
  2. Home fit for a king
  3. Skips over in pronunciation
  4. Greets from afar
  5. Idirad vehicle
  6. "Strangers and Brothers" novelist
  7. Singer with the hit 2014 song "Chandelier"
  8. Diplomatic goal
  9. Egyptian crosses
  10. Brown-\_\_
  11. "The Odd Couple" director
  12. "The Rachel Papers" novelist Martin
  13. "Chop-chop!"
  18. Grammy-winning singer from Barbados
  22. "The \_\_ see it..."
  25. Knew about
  29. Clunker
  31. Fashion show disaster

32. Org. named in WikiLeaks documents
34. Mannequin topper
36. Negotiate with success
37. Trio before HI
38. Bride of a Beatle who attended elementary school with Emperor Akihito
39. Finish (up)
40. Second baseman who was 1982's National League Rookie of the Year
42. 2008 TARP recipient
45. Levine of "The Voice"
47. Natural seasoning

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50. Batting next
52. Sister of Julie Nixon Eisenhower
53. Like some wonders
54. Cryptozoology figure
56. Opera with the aria "Recondita armonia"
57. Quagmire
60. Paella ingredient, perhaps
61. " \_\_ is the answer, but while you're waiting for the answer, sex raises some pretty interesting questions": Woody Allen
62. Captain Hook henchman
64. Ideologies
67. Pac-12 member

LAST WEEK'S ANSWERS TO RIGHT YOU ARE														
B	B	Q	S		B	E	L	L	E	S		M	T	V
I	O	U	S		L	L	O	Y	D	S		A	V	A
B	E	A	N	P	A	S	T	E	U	R		C	V	I
B	R	R		A	N	I	T					T	A	C
	S	T	R	I	K	E	A	P	O	S	E	U	R	
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T	Y	R	A				D	O	N	A	T		C	B
H	O	L	D	A	C	A	N	D	L	E	T	O	U	R
A	M	Y		M	A	N	E	S				I	N	G
			F	O	N	Z			E	O	N	S		
	S	A	Y	I	T	A	I	N	T	S	O	U	R	
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U	Z	I		R	I	G	H	T	Y	O		U	A	R
D	I	S		F	I	L	I	A	L		S	T	U	N
S	E	E		K	N	O	T	T	S		S	E	N	T

## HOME COUNTRY

By Slim Randles



"**NOW MAMIE,**" said Windy Wilson, "the reason I expurgated myself over here to your place was to see how you was a-doin' in this year heat."

Mamie Dilworth refilled his iced tea glass, smiled at the old cowboy and camp cook. "Well, that's awfully nice of you, Windy. I'm fine. Tired of this heat, just the same as everyone else around here."

"I hear ya, and thanks for the tea. It helps a guy cool down, refrigerationally speeakin'-a-course."

"You're welcome. What are you and Ramses up to these hot days?"

Ramses was Windy's dog, so named because of his tendency to leave pyramids in the backyard. Windy claims he's an Egyptian shepherd, but hasn't been able to provide any registration papers yet.

"Pickup truck therapy, you know. Works put-near ever time it's tried. Long's a guy don't run outa gas, he's okay. Cool right down on a hot ol' day like this one."

"I didn't know your pickup had air conditioning, Windy."

"Mostly it's a cowboy 260 air conditioner," Windy explained. "You get your shirt and your dog wet, roll down two windows and go sixty miles an hour." ♦

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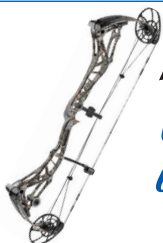
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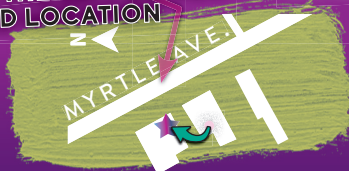
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